



## The VSLLC® Virtual Servant Leadership Learning Community Certificate Program

Have you ever wished to be a part of a core group of highly dedicated servant-leaders and be able to speak openly and honestly in a circle where there is unconditional trust?  
Have you longed for a learning community where you could be your authentic self and practice listening, not only to others but also to a deep place inside yourself?

### What Is It? Who It Is For? How Will Organizations Benefit?

The VSLLC® is a unique program that includes nine 90-minute tele-circles designed to help you get in touch with what it means to live with a “servant's heart.” The group is limited to 10 carefully chosen servant-leaders through an application process. You will learn more about your gifts and strengths, how you can live in ways that really matter to you, and how to make a difference in your family, organization, and community.

VSLLC® members reflect on leadership as relationship and lead from a clearer awareness in their lives. By participating in the core sessions, members experience authentic conversations that inspire greater understanding, compassion, and breakthrough ideas. For eight years, participants have left with clarity and invigorated passion about their purpose and how they want to serve...getting more in touch with that fire in their heart.

**Many organizations find that they benefit as well when their employees participate in the VSLLC®. Organizational return on investment includes results such as great wisdom and use of strengths, more passion about work, the ability to listen at a deeper level, and more trusting relationships.**

### How Does it Work?

Interested individuals complete an application six to eight weeks before the beginning of the program. Applicants are interviewed to mutually decide if this program is right for them. Participants then virtually attend nine 90-minute tele-circles (a phone call that is intentionally a “circle” so that every person has an opportunity to speak and be deeply heard). Each call is focused on a theme of servant leadership and participants are sent pre-readings to prepare for calls. Sessions are facilitated by Dr. Deborah Welch, Dr. Virginia Gilmore, and Duane Trammell, M.Ed. Facilitators have spent decades of their lives working with both individuals and groups in servant leadership principles and practices.



For more information and an application please visit [www.amca.com/vslc-3](http://www.amca.com/vslc-3)

## What Will I Learn?

1. How to find and cultivate your strengths so that you can use them more effectively
2. How to deepen capacities for listening and accessing inner wisdom and courage
3. How to lead with greater authenticity, passion, and energy.
4. How to “be present” in community and experience the gifts of a highly supportive network of dedicated servant-leaders.

## Dates:

Phone calls are on Mondays from 3:30pm to 5pm Central Time.

February 12, February 26, March 19, April 9, April 30, May 7, May 21, and June 4

**Commitment:** 3 to 4 hours of learning time per month, including the phone calls (90min).

## Cost:

The program fee is \$850 for the program. Carol from the TMCA team will contact you after you have been accepted into the program to make payment arrangements. (NOTE: Payment must be made prior to the first session in order to participate.)

Co-sponsored by:

TRAMMELL  
McGEE-COOPER  
and ASSOCIATES  
INCORPORATED



For more information and an application please visit [www.amca.com/vsllc-3](http://www.amca.com/vsllc-3)



VSLLC® alumni meeting at the 25<sup>th</sup> International Greenleaf Servant Leadership Conference

## What Do Former Participants Say About VSLLC®?

*“Several years ago I was struggling to make a connection with others at work that allowed me to be their manager, and still provide for the ability to lead from my heart. Enter servant leadership. The Virtual Servant Leadership Learning Community® has been a big part of my personal and professional growth. The ability to have conversations with others who want to grow, just as I do, was inspirational. The calls felt like a safe place and provided motivation to continue to become better every day. Not only has my work life been changed, the effects have carried over into my personal life as well. My own growth, while assisting others to grow, has been priceless.”*

—Kevin Galske, Captain, Fond du Lac Sheriff's Office

*“I came into VSLLC® wanting to elevate my relationships, and step into a greater leadership role at work with energy and an enhanced attitude of service. The impact that VSLLC® had on me is alive in how I interact with others. I gained courage and stepped up to do things I might otherwise never have done. This has fostered the next iteration of my best self. I would recommend VSLLC® to others who have a desire to experience what is possible in the workplace and in life.”*

—Jenny Knuth, Art Director, Wisnet

*“Each time we were on a call it was like cleaning the windows on my car; less haze and more of a 360-degree view resulting. Since VSLLC® there is a whole lot more clarity of what is going around me. This is about faith in people, faith in abilities (my own and others), and gaining trust from others. It recharged my inner spirit.”*

—Chris Aulbaugh, Deputy Chief, Coppell Police Department

*“Some of the unique benefits were the special and insightful group of diverse leaders who were peers in this experience. The sessions were well planned and the readings were very thought provoking and informative. I've done a lot of reading on servant leadership and found this very interesting advanced material to enrich my practical experiences as a leader. I really felt energized and encouraged by each session. It was like a breath of fresh air only more so!”*

—Ben Simmons, Executive Vice President, Multifamily, TDIndustries

For more information and an application please visit [www.amca.com/vslc-3](http://www.amca.com/vslc-3)

## Facilitators:

**Deborah Welch, Ph.D.** is a leadership coach and educator. She brings a wide array of tools and processes into her coaching work based on several decades of experience. She is also an award-winning faculty member at Capella University. Her experience teaching and guiding research at the doctorate level keeps her on the growing edge of great learning processes and practices. Her greatest joy is coaching for inspiring results in individuals, teams, communities and families. Deborah also co-created VSLLC® in 2008 along with Ann McGee-Cooper and Ginny Gilmore. This is a peer-coaching program of dedicated servant-leaders. Recently she co-wrote the book *The Art of Coaching for Servant Leadership* to capture stories from our VSLLC® because there are so many stories of courage, best practices, and application of coaching principles from within our community. Deborah's other most recent publications are "Strengths-Based Leadership Coaching" in *Consulting Psychology Journal*, and the book, *Forgiveness at Work*. Deborah is proud to have served as a leadership coach and in e-learning program development at TMCA for 8 years. She is happy to join with Ginny and Duane to co-facilitate this VSLLC® program. The dedicated people who join our Virtual Servant Leadership Learning Community®, as well as the local group Deborah co-facilitates, Phoenix SLLC®, regularly embolden her to take that next step on her own servant-leadership journey.



**Virginia (Ginny) Gilmore, L.H.D.** served in executive leadership in her family manufacturing business for 17 years, until the business was sold in 1996. In 2002, she founded the Sophia Foundation in Fond du Lac, WI, with the vision of creating a more caring community. Since then, she has served as a community leader, coach, mentor, and spiritual guide in support of the integration of servant leadership in our lives and work. She intentionally lives the mission of Sophia Foundation as she encourages and inspires people to come together to create a more caring and thriving community, supporting the spirit, dignity and potential of every person. In 2009, Marian University gave Ginny a Doctor of Humane Letters Degree in honor of her work in servant leadership in community and the world. In addition, she has received recognitions within her community that name her deep passion for a caring and compassionate leadership in these times. Agreeing with Jean Houston, she believes that "these are the times; and we are the people." Ginny appreciates being part of a teaching-learning community to serve and grow with others as servant-leaders in our individual lives, our families and our communities. She is dedicating much of her time now to writing, learning, and coaching with others who are navigating change in their work and in their lives. She is very honored and excited to serve on the VSLLC® facilitator team.



**Duane Trammell, M. Ed.** is President and Founding Partner of Trammell McGee-Cooper and Associates, Inc. He has been a writer, presenter, and thought-leader in the field of servant leadership since 1982. Duane enjoyed a 35-year partnership with Dr. Ann McGee-Cooper, until her passing in 2016, and participated in her early research on genius/giftedness and combining it with Robert Greenleaf's concepts on servant leadership. As a business educator and leadership development specialist, Duane's forte is designing and delivering participant-based learning. Duane enjoys writing, researching, and developing materials in servant leadership. He has co-authored *Time Management for Unmanageable People*, *You Don't Have To Go Home From Work Exhausted!*, *Being the Change: Profiles From Our Servant Leadership Learning Community*, *Awakening Your Sleeping Genius: A Journaling Approach to Servant Leadership* and *The Art of Coaching for Servant Leadership* co-authored with Deborah Welch and Ann McGee-Cooper. Duane's holds an M.Ed in Gifted Education and Supervision as well as post Master's studies with international thought leaders. Educational awards include "Dallas Teacher of the Year", "The Ross Perot Award for Teaching Excellence", and "Outstanding Teachers in Texas." He also recently received the CoreNet's 2016 Industry Excellence Award—Leadership Development for the project team who built the New Parkland Hospital, a 1.3 billion dollar project in Dallas, Texas.

