



D A L L A S
SLLC[®]
Servant Leadership
Learning Community

CELEBRATION
RESTAURANT + CATERING + MARKET
Celebrating **45** Great Years



Trammell McGee-Cooper & Associates, Inc.

IN MEMORY OF
ANN

“We’re here to learn,
to love, and
to serve.”



Welcome . . .



Check-In

1. Tell a story about a childhood or present day memory of sharing food or a favorite food that evokes positive memories.

Your Name


Organization


How long have you participated in SLLC

2. Have you ever participated in a teambuilding activity that involved preparation of food, sharing food – at work, church, or other organization? What was the experience like for you?



Servant Leadership and Food

- 
- Greenleaf's archetype servant-leader Leo, prepared and served food as an act of love.
 - The server's apron is an iconic symbol of serving.
 - Through the ages, food has been a symbol of trust, love, and caring.



How many examples
can you think of that
show how we use food
to show concern or to
celebrate?



Food

SHOWS WE CARE

- When someone dies
- When we make a meal for our valentine
- Gather for a holiday

Food

is a part of
CELEBRATIONS

- Birthdays
- Weddings
- Anniversaries
- Family Reunions

Food

EVOKES
Special Memories

Sharing
Meals
BUILDS
Trust

Research from Harvard Business Review

— December 2015

Teambuilding in the Cafeteria

Researcher Kevin Kniffen, Cornell University

“Want to build higher-performing, more cohesive teams?

Encourage teams to eat together.”





Commensality

Preparing and eating food together

Research Study 1

Which would make you or your best friend more jealous, if a romantic partner engaged in e-mail, phone conversations, having face-to-face interactions that don't involve eating, or sharing a midday meal with an ex?

Results:

People were far more jealous when a romantic partner shared a midday meal than emailing, phone conversation or face-to-face meeting without food. Why do you think?

Sharing a Meal = Special Kind of Intimacy

Research Study 2

- Focused on Firefighters who prepare and eat meals together during their shifts
- **Questioned: Do firefighters who eat together do their jobs better than those who don't?**
- Visited 13 firehouses and surveyed 395 firefighters



Research Study 2

- Cities provide kitchen and dining areas, but do not supply food
- Firefighters
 - Pool their money/funds
 - Work out menus
 - Work out/share cooking schedules
 - Prepare food, then
 - Eat together
- Firefighters reported that eating together is a central component of keeping their teams operating effectively. It makes a team feel like a family and creates focus when members aren't out on the job.

Results

Significant correlation between eating together and team performance.

Cooperative Behavior 2X Higher!

Research Watch Outs



1. Don't over do it. Team members who only socialize with one another risk being insulated from the outside community.
2. New members may feel pressure to participate and tightly bonded teams may seem hard to break into.
3. Cliquish teams (i.e. "high school cafeteria") can "manage out" low performers or people they don't like.

The
POTENTIAL ADVANTAGES
of sharing meals
EXCEED
any disadvantages

A top-down view of various fresh vegetables and herbs arranged on a dark, textured blue surface. The items include a slice of lemon, purple onions, green sprouts, a small glass dish with mushrooms, a wooden bowl of dark seeds, and several red and yellow cherry tomatoes. The word "Reflect" is written in red in the top right corner.

Reflect

1. What peaked your interest?
2. What matched your personal experience or you found NOT to be true for you?
3. What is most important from what you heard?

BIO BREAK NETWORKING REFLECTION

9:00 – 9:15





Celebration Restaurant Team

Food, Family, and Servant Leadership

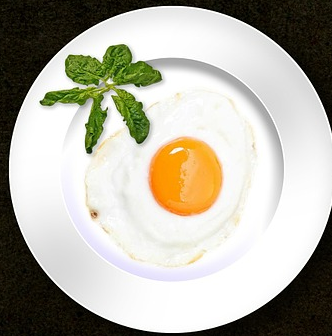


A top-down view of various fresh vegetables and herbs arranged on a dark, textured blue surface. The items include a slice of lemon, purple onions, green sprouts, a small glass dish with mushrooms, a whole onion, yellow cherry tomatoes, a wooden bowl of dark seeds, a red onion, and a cluster of red cherry tomatoes with green dill. The word "Reflect" is written in red in the top right corner.

Reflect

1. What peaked your interest?
2. What matched your personal experience or you found NOT to be true for you?
3. What is most important from what you heard?

BIO BREAK
NETWORKING
REFLECTION



10:15 – 10:30



Dialogue at Tables

20 Minutes

Dialogue Questions



1. As you listened to Celebration Partners tell their stories that embody their culture of servant leadership, what made an impression on you? What stories does your organization have that can help sustain important servant leadership values?
2. What ideas/insights did you gain today from our theme of Building Community through Food/Sharing Meals that you can take back to your organization? What other ways can you build community in your organization?
3. From your experience, what examples can you relate that validate the link between sharing meals, food, and building trust? Are there “watch-outs” from your experience?
4. Celebration focuses on being a great place to work and then exceeding guest expectations. How well does your organization focus on the people who comprise it?



Dialogue at Tables

20 Minutes

Opportunities for Community Service

- North Texas Food Bank
- Hunger Projects
- One Meal Matters, AIN



FOODPANTRIES.ORG





one meal
matters



Miranda Grant + Nestor Estrada

Check-Out at Tables

What is your
main take-away
from today?

Feedback



Most valuable for me today was...

My suggestions for improvement are...

Would you be interested in hosting a session in 2017?

“If you really want to make a friend, go to someone’s house and eat with them... the people who give you their food give you their heart.”

– Cesar Chavez



"Let's go and see everybody," said Pooh.

"Because when you've been walking in the wind for miles, and you suddenly go into somebody's house, and he says, 'Hallo, Pooh, you're just in time for a little smackerel of something,' and you are, then it's what I call a Friendly Day."

